

THE LCA DISCOVERY PROGRAM STRENGTHENING YOUTH LEADERSHIP & COMMUNICATION

➔ Benefits of the Yearround Youth Program:

The "I AM JAGUAR" is part of the LCA Discovery Program is a Self Actualization and Communication Program that addresses the dynamics that lead to miscommunication, **aggression, and violence**. By learning the LCA Discovery " I AM JAGUAR" curriculum students use Mayan indigenous teachings to realize the fulfillment of their talents and potentialities. The program also incorporates an understanding of nonviolent communication techniques, self-respect, and how to de-escalate intense situations, it will help encourage healthier relationships and outcomes at home and school.

The leadership pathway offers youth to identify their true passion, life goals, and journey. It incorporates social change activism goals so they may fully lead and contribute to building a more equitable, and prosperous future.

The program allows students to work on a variety of projects, including enhancing the program with their lived experiences and tracing the history of their family roots to understand their ancestor's journeys. Understanding trauma, attachment to trauma, and its impact on behavior that creates self-harm and to others.

➔ Benefits of the Year-round Family Program:

Parents will acquire communication tools allowing them to establish a mutual dialogue and be involved with their children and create balanced healthy relationships.

Learn the challenges their children may be experiencing to offer them effective coping skills and open communication with parents.

Parent support groups to share lived experiences and support one another to build a stronger community network.

I AM JAGUAR. TM CHANGE STARTS WITH YOU.



The LCA Discovery Leadership Program for Youth & Families offers proactive communication techniques and builds strong families that make communities thrive.

By leveraging effective communication tools, a Spanish-speaking staff, and a culture-infused approach, community members will learn how to improve familial relationships, with peers and create their education goals, increase graduation rates, and engage in vocational pre-apprenticeship programs or college education.

The "I AM JAGUAR" TM is a Latino Civic Alliance (LCA) program that serves youth ages 11-24. The I AM JAGUAR is an in-person program and enrollment is open to school districts, city and county programs, and nonprofit organizations in Washington State and northwest surrounding states.

The program participants received 1-1 wrap-around intensive case management services including licensed behavioral health and family support services.

For more information or donation, opportunities contact info:
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